

ADVANCED OCULOPLASTIC TECHNIQUES: FROM SURGICAL ANATOMY TO CLINICAL PRACTICE

ATTC
AESTHETICS
ACADEMY

May 22 & 23 2026

ATTC Aesthetics Academy

Athens, Greece

FACULTY:

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PROJECT OVERVIEW

This intensive two-day cadaveric course bridges surgical anatomy with clinical application in oculoplastic surgery. Through expert-led lectures, live cadaveric demonstrations, and guided hands-on dissections, participants will refine their precision in blepharoplasty, midface rejuvenation, and ancillary oculofacial techniques.

OVERALL COURSE OBJECTIVE

This advanced cadaveric training aims to provide a comprehensive understanding of oculofacial surgical anatomy and its direct translation into clinical practice. By combining detailed anatomical exploration with step-by-step surgical demonstrations and hands-on dissection, participants will develop the technical confidence and precision required for safe, aesthetic, and functional outcomes

THE COURSE IS DESIGNED TO:

- Strengthen anatomical knowledge of the upper and mid face relevant to oculoplastic surgery.
- Enhance practical surgical skills through extensive cadaveric work under expert supervision.
- Present evidence-based surgical techniques in blepharoplasty, ptosis repair, and ancillary oculofacial procedures.
- Facilitate faculty-led discussions bridging surgical anatomy, procedural planning, and real-world patient scenarios.

FRIDAY
22.05.2026

PERIOCCULAR ANATOMY & SURGICAL TECHNIQUES
THE FIRST DAY FOCUSES ON UPPER AND LOWER EYELID ANATOMY,
BLEPHAROPLASTY APPROACHES, AND MIDFACE REJUVENATION. PARTICIPANTS WILL
GAIN IN-DEPTH UNDERSTANDING OF SURGICAL LANDMARKS AND PERFORM GUIDED
DISSECTION AND PROCEDURAL STEPS UNDER FACULTY SUPERVISION.

8:45 | WELCOME & COURSE INTRODUCTION

9:00 | UPPER LID BLEPHAROPLASTY

Lecture (10 min)
Cadaver Demonstration (20 min)
Hands-on Practice (60 min)

10:30 Coffee Break

11:00 LOWER BLEPHAROPLASTY TRANSCUTANEOUS APPROACH

Lecture (10 min)
Cadaver Demonstration (50 min)
Hands-on Practice (90 min)

13:30 Lunch Break

14:30 LOWER BLEPHAROPLASTY TRANSCONJUNCTIVAL APPROACH

Lecture (10 min)
Cadaver Demonstration (50 min)
Hands-on Practice (60 min)

16:30 Coffee Break

17.00 MIDFACE REJUVENATION

Lecture (10 min)
Cadaver Demonstration (50 min)
Hands-on Practice (60 min)

19.00 END OF DAY 1
DEPARTURE FOR GALA DINNER

SATURDAY
23.05.2026

ADVANCED OCULOFACIAL REFINEMENT & ANCILLARY TECHNIQUES
DAY 2 INTEGRATES ANATOMICAL UNDERSTANDING WITH ADVANCED SURGICAL
REFINEMENTS. PARTICIPANTS WILL EXPLORE CORRECTIVE AND REJUVENATIVE
PROCEDURES THAT ENHANCE BOTH FUNCTION AND AESTHETICS IN THE PERIOULAR
REGION, FOLLOWED BY CLINICAL INSIGHT SESSIONS LED BY THE FACULTY.

10:00

ANCILLARY PROCEDURES

PTOSIS & CANTHAL SUSPENSION

Lecture (15 min)
Cadaver Demonstration (25 min)
Hands-on Practice (50 min)

11:30 Coffee Break

12:00

FOREHEAD & EYEBROW PROCEDURES

Lecture (15 min)
Cadaver Demonstration (25 min)
Hands-on Practice (80 min)

14:00 Lunch Break

15:00

FOCUSED LECTURES & CLINICAL INSIGHTS

Malar Edema & Festoons
Fat Grafting: Harvesting, Processing & Injection Techniques
Post-Blepharoplasty Retraction Syndrome:
Evaluation & Management
Q&A Discussion

17.00 CLOSING REMARKS & CERTIFICATES